

California State Journal of Medicine

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Contributors, subscribers and readers will find important information on the sixteenth advertising page following the reading matter.

VOL. XVI

DECEMBER, 1918

No. 12

War at the Christmas-time is an anachronism. Happily, this Christmas season will be rendered infinitely notable by the advent of peace. The great War has yielded victory for humanity, justice and liberty. May every member of the California State Society of Medicine receive personal profit from the coming holidays, not in money, but in peace of mind, contented return to the ways of peace, consciousness of personal development and, above all, in a strong conviction of his own growing ability to render genuine human service.

1919 ANNUAL MEETING.

The Committee on Scientific Program is working on the 1919 meeting of the State Medical Society. The problems of rehabilitation and peace, together with the return of many members from the military, will make this session of universal interest and importance. It is needless to say that the attendance will be large. Preparation of a program that shall be worthy these stirring and strategic times is an onerous task. The Society is fortunate, however, in having a committee on Scientific Program which is a worthy successor of the excellent committees of past years. A program of unusual merit is assured. It is urged that all members desiring to report scientific work at this meeting, communicate *at once* with the Secretary of the Program Committee.

The Committee on Scientific Program consists of the following:

Dr. Fitch C. E. Mattison, Pasadena, Chairman.
Dr. E. C. Fleischner, San Francisco.
Dr. Lemuel P. Adams, Oakland.
Dr. F. M. Pottenger, Monrovia, Secretary.

Section officers of the State Society are as follows, Chairman and Secretary, respectively:

Section on Obstetrics and Gynecology, Drs. Frank Lynch and Lyle G. McNeil.

Genito-urinary Section, Drs. Wm. E. Stevens and L. J. Roth.

Eye and Ear Section, Drs. Mackenzie Brown and F. E. Detling.

Section on Nervous and Mental Disease, Drs. Milton B. Lennon and H. G. Mehrtens.

SHELL SHOCK.

The term shell shock is a misnomer and should be abolished according to an article on the nature of war nervousness in soldiers in "War Medicine," published by the American Red Cross, and the simple word nervousness substituted.

Under the heading of shell shock, says the author, have been massed cases of amnesia, anergic stupor, sleeplessness, nightmare, mutism, functional blindness, tremors, palsies, and further anxiety neuroses, occurring, not only under fighting strain but in individuals who failing in self confidence, suffer doubts and apprehensions while still waiting for transport overseas.

The term shell shock founded on false premises has served not only to suggest an incorrect etiology, but by its pitiful and romantic sound, has tended to perpetuate symptoms and to excite no determination in the mind of the sufferer to recover his control, or, in the fighting man still to endure. So far is it from making an appeal to conscience or to discipline, that it stifles both, and stultifies effort towards cure. The name is a mistake. We must be rid of it. Let us have instead a true term which will be neither a compromise nor a technicality unintelligible to the mind of the soldier.

The simple word nervousness comprises all the neurotic manifestations seen in war. It furnishes an appeal to the sense of discipline in the armies, and further promotes the growth of a public opinion, both military and civil, which would be of the greatest prophylactic and therapeutic power.

Notices

CALIFORNIA STATE CIVIL SERVICE EXAMINATION.

Director, Bureau of Child Hygiene, State Board of Health.

DATE OF EXAMINATION, December 14, 1918.

Last date for filing applications in Sacramento, December 7, 1918.

The California State Civil Service Commission announces an examination for DIRECTOR, BUREAU OF CHILD HYGIENE, STATE BOARD OF HEALTH, to be held in Sacramento, San Francisco, and Los Angeles, December 14, 1918. The salary is \$3,000 per year.

The duties of the position are the administration of the affairs of this Bureau, which includes within its scope of activities the organization of local agencies to further the cause of child hygiene; the establishment of baby clinics; the improvement of birth registration; medical inspection of school children; the preparation and placing of educational exhibits; advancement of community recognition of the need for public health nursing services; and the carrying on of prenatal instruction and follow-up work with the aid of field nurses working under the Bureau. In addition to these duties, the director will have charge of the writing and compiling of publications on the general subject of child hygiene.

Candidates must be graduates of a reputable medical school recognized by the California State Board of Medical Examiners; must have a knowledge of modern public health principles; and must have had two years' experience as holder of a full-time public health position, of which one year must have been in an administrative capacity.

The examination is open to all American citizens residing in California who are not over forty-five years of age on the date of the examination, and who meet the above requirements.

The subjects for the examination will be as follows:

	Relative weight.
1. Written Examination.....	50
This portion of the examination will cover the subjects of general hygiene and sanitation, school sanitation and hygiene, community cooperative child care, prenatal work, children's diseases, infant feeding, preventable defects and mental hygiene.	
2. Education, Experience and Fitness.....	50
Candidates who secure an average of at least 70% in the written test will be given an oral interview before a special board of examiners designated for the purpose by the Civil Service Commission, at which time they will be rated upon their education, experience and fitness for State service.	
Total	100

Candidates must secure a rating of at least 70% in the oral interview in order to pass the examination.

Six hours will be allowed for the written portion of the examination, from 9 A. M. to 12 M. and from 1 to 4 P. M.

Persons desiring to enter this examination may secure application blanks from the State Civil Service Commission at either of the following offices: Room 331, Forum Building, Sacramento; Room 1007, Hall of Records, Los Angeles; or from the offices of the State Free Employment Bureau in San Francisco, Oakland, San Jose, Fresno and Stockton. Complete applications must be filed with the State Civil Service Commission, FORUM BLDG., SACRAMENTO, on or before December 7, 1918.

STATE CIVIL SERVICE COMMISSION.

State Board of Medical Examiners

REVIEW OF ACTIVITIES.

The annual meeting of the Board of Medical Examiners was held in the State Capitol, Sacramento, Cal., October 21st to 24th inclusive. Present, Drs. Alderson, Campbell, Molony, Phillips, Pinkham, Sisson and Tasker. An examination of applicants for all classes of certificates was conducted. Forty-nine applications for written examination were filed and thirty-six applicants appeared, of which ten wrote the examination in the Japanese language, the questions being first translated into Japanese. As usual, the answers to the questions written in Japanese by these applicants will be translated into the English language by an interpreter unknown to the applicants. Each applicant writing in a foreign language is called upon to deposit a translation fee of \$100 in addition to the regular fee of \$25 required of all applicants for written examination. The cost of conducting the examination in a foreign language, interpreters' fees and translator fee, is deducted from the deposit above noted and the balance is refunded (pro rata) to the applicants. Owing to the apparent disparity between the official translation and a subsequent translation of papers written at the June 1918 examination, the Board determined that the entire set should be again translated and re-submitted to the respective examiners for their consideration. A thorough investigation of the suspected connivance between the translator, Mr. Nakayama, and certain applicants, was made with the result that on November 9th Mr. Nakayama was arrested at 105 East Third street, Los Angeles, by representatives of the Board of Medical Examiners, and it is charged that he "charged the candidates from \$1000 to \$5000" for supplying correct answers to the various questions while supposedly translating their papers from Japanese to English.

Six specific charges of fraud are laid to Nakayama in which physicians in San Francisco, Stockton and Los Angeles figured. The specific individuals mentioned are Rinehei Haruki, 1204 Fourth street, Sacramento; Hayashi; Buichi Nakahara, 144 Hewitt street, Los Angeles; Masao Ochiai, 1672 Post street, San Francisco; Matsuye Suzuki, Vacaville (deceased); Etsuzo Watanabe, 1221 Fourth street, Sacramento.

Ninety-one reciprocity applications were filed for the October meeting and in addition thereto, further consideration was given applications pending as incomplete from the prior meeting. Nineteen direct reciprocity certificates have been issued to date pursuant to the action of the Board at the last meeting and twelve oral examiners having passed the examination, have each been issued a reciprocity certificate. On receipt of supplemental data, reciprocity certificates will be issued to approximately forty-five additional applicants. The certificates already issued in the number above noted

STATE BOARD OF HEALTH.

To Local Health Officers:

To aid you still further in the perplexing problems arising by reason of the appearance of Spanish influenza, you are advised to handle the matter of quarantine as a simple isolation and not of complete quarantine.

In other words, infected individuals should be required to remain at their homes and if possible in a separate room from the rest of the family, and the family should be instructed to avoid unnecessarily close contact with the patient and to be particularly careful to guard their faces with a clean handkerchief or gauze mask when in immediate association with the patient.

Placarding of the house is not necessary and patients may be released within a reasonable period after subsidence of temperature, symptoms and cessation of discharges from the nose. An arbitrary isolation period has not been established but you are empowered whenever you feel that cases are being released too early to impose a detention period of ten days.

It is very important that school teachers be instructed to exclude immediately all children showing signs of acute cold or the characteristic symptoms of fever and aching of the limbs. If this is carried out their will, in the vast majority of cases, be no necessity for closing the schools. A much more valuable measure than closing the schools would be the closing of moving picture shows and this is advised when the epidemic exhibits a tendency to spread rapidly, and involve a large number of persons.

In the smaller communities particularly, it is suggested that the health officer form a committee of interested citizens who will, as temporary deputy health officers, assist him in sending to their homes persons found associating with the public, who are plainly influenza victims.

Deaths

Beasley, S. O., a graduate of Cooper Medical College, San Francisco, 1897; licensed in California, 1898; was killed in France, October 14, 1918; was a member of the Medical Society, State of California.

Breitling, Carl Adolph, a graduate of the Northwestern University Medical School, Ill., 1913; licensed in California, 1915; and a member of the Medical Society of California; died in Camp Greenleaf, Ga., November 5, 1918.

Dawley, Chas. G., a graduate of the University of Southern California, 1903; licensed in California, 1903; a member of the Medical Society, State of California; died October 9, 1918, of broncho-pneumonia.

Evans, C. L., a graduate of University of California (Los Angeles Dept.), 1912; licensed in California, 1912; a member of the Medical Society, State of California; died in Los Angeles, October 25, 1918.

Hanson, Wayne Pierre, a graduate of Jefferson Medical College, Philadelphia, 1912; licensed in California, 1913; a member of the Medical Society, State of California; died in Los Angeles, October 26, 1918.

Hayes, Nellie S., a graduate of University of Southern California, 1904; licensed here, 1904; a member of the Medical Society, State of California; died in Los Angeles, October 11, 1918.

Mills, Herbert C., a graduate of the College of Physicians and Surgeons of San Francisco, 1901; licensed in California, 1901; died in Berkeley, October 22, 1918; pneumonia following Spanish influenza.

Welin, Albert Fabian, a graduate of Stanford University Medical School, 1915; licensed in California, 1915; died in Camp Kearny, Calif., October 21, 1918, of pneumonia following influenza; was a member of the Medical Society, State of California.

Harvey, W. P., San Francisco; a graduate of the University of California, 1900; licensed in California, 1900; died in San Francisco, October 27, 1918.

Artigues, Joseph Emile; a graduate of Cooper Medical College, 1887; licensed in California, 1888; a member of the State Medical Society; died in San Francisco, October 22, 1918.

McGuffin, Robt. Kenton; a graduate of Maryland Medical College, Md., 1911; licensed in California, 1914; died in Camp Kearny, Cal., October 20, 1918.

Allen, Edgar Mosher; a graduate of Rush Medical College, Ill., 1911; licensed in California, 1914; died in Los Angeles, October 20, 1918; was a member of the Medical Society, State of California.

Kelly, Alexander S.; a graduate of the Cooper Medical College, California, 1901; died in Oakland, Cal., October 24, 1918.

Cluness, Wm. Robt., Alameda, Cal.; a graduate of the Queens University, Kingston, Ont., 1859; died in Alameda, Cal., September 26, 1918.

Doyle, James F.; a graduate of College Physicians and Surgeons, Illinois, 1886; licensed in California, 1911; died in Santa Ana, Cal., October 1, 1918.

Bennett, Irwin Edmund; a graduate of Jefferson Medical College, Pennsylvania, 1891; licensed in California, 1912; died in San Francisco, October 30, 1918.

Burks, W. T.; a graduate of the College of Physicians and Surgeons, San Francisco, in 1900; licensed in California, 1900; died in Fresno, October 28, 1918.

Dodds, Thos. G.; a graduate of University of California, 1907; licensed here, 1907; died in Oakland, Cal., October 28, 1918.

Williamson, Wm. P.; a graduate of the McGill University, Montreal, Canada, 1891; licensed in California, 1894; died in San Diego, Cal.

Hancock, David Robert; a graduate of the Starling Medical College, Ohio, 1892; died in Redondo, Cal., October 14, 1918.

Fretwell, Wm. J.; a graduate of Missouri Medical College, 1888; licensed in California, 1896; died in San Jose, Cal., November 5, 1918.

Cook, Wm. J.; a graduate of Baltimore Medical College, 1895; licensed in California, 1901; died in Long Beach, Cal., October 26, 1918.

Radcliffe, Wm. M.; a graduate of Jefferson Medical College, Pennsylvania, 1889; licensed in California, 1914; died in Los Angeles.

Morrison, Maude Leontine; a graduate of University of Southern California, 1917; licensed in California, 1917; died in Pasadena, Cal., October 22, 1918.

Campbell, H. T.; a graduate of University of Nashville, Tenn., 1898; licensed in California, 1901; died in Nashville, Tenn.

Stone, Joseph Wm.; a graduate of Jefferson Medical College, Philadelphia, Pa., 1913; licensed in California, 1916; died in Seattle, Wash., October 16, 1918; was a member of the Medical Society, State of California.

Schwartz, Edward I.; a graduate from the College of Physicians and Surgeons, Southern California, 1918; licensed in California, 1918; died October 21, 1918.

Fanton, Clark Denike; a graduate of State University of Iowa, 1915; licensed in California, 1916; died in a military camp in California.

Regli, Joseph; a graduate of University of Georgetown, Washington, D. C., 1902; licensed in California, 1903; died in San Jose, Cal., October 24, 1918.

Chubb, Florence J., San Francisco; a graduate of the University of California, 1918; licensed in California, 1918; died October 27, 1918.

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ALFRED C. REED, M. D.

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1919

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SAN FRANCISCO

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Correspondence

To the Editor:

I am a subscriber to your Journal since I obtained in Los Angeles license C-1 54 as physician and surgeon, and even before. I like it more and more, and I insist upon congratulating you upon your fine editorials. They are brief, terse, to the point. Anent your November issue, allow me a few brief and terse remarks.

First, the fellow who figured out that there are too many physicians in America should have been here last year in October when I, a man of 59 years, in the absence of so many confreres who were serving Uncle Sam in the army, had to work like a beaver 16 hours a day in order to satisfy in a small way the manifold demands of the suffering.

Secondly, going as it were from the sublime to the ridiculous, the little stories related by Dr. W. Montgomery in his reminiscence of the Obstetrical Society of San Francisco, might be supplemented by one, a confrere of mine, experienced in his second year of medical practice. He attended a primipara, which made very slow progress; the husband grew uneasy and insisted on a consultation with old Dr. Smith, a quack, who had had many convictions to his record for illegally practicing medicine. The young physician quite reluctantly consented to the consultation. Old Dr. Smith proposed at once quilling. "What do you mean?" said my young confrere. "I will show you," came the answer. Here Dr. Smith filled a goose quill opened at both ends with smoking tobacco, blew it into the nostrils of the woman primipara; the latter was taken with a violent sneezing. At the third sneezing the baby was born, expelled by one extreme contraction of all expulsive muscles.

Sincerely,

(Signed) THEO. J. JACQUEMIN,
506 Clinton Ave.,
West Hoboken, N. J.

Notices

TO COUNTY SECRETARIES

When reporting the names of new members you are asked to send the name in full (not initials) stating it as given in the California license to practise medicine issued to such member. Furthermore, when a woman physician's name is presented if she is married since her California license was issued you should also give the name under which she was licensed to practise medicine.

Please report all deaths of physicians in your locality, whether members of the Medical Society or not to the secretary. By this co-operation you will enable this office to keep its system of records complete.

It is important that members understand that if 1920 dues are not paid by March 1, their name is taken from the mailing list for the Journal and is not reinstated until such time as dues are paid. Also, that by non-payment of dues for several months members lose their medical defense protection during the time in which they are delinquent. Thus, if a member does not make payment of dues until August 1, 1920, he is not protected from January 1 until August 1.

TO AUTHORS

Authors must not use ink in making corrections on proofs sent them from this office. The ink is absorbed and blots the corrections made so that in many cases it is almost impossible to decipher them.

TO PHYSICIANS

It is a violation of the Harrison Narcotic Law to move your office even from one room to another in the same building without notifying the internal revenue office of the change within the calendar month.

State Society

Two meetings of the council have taken place, one held October 18th in Los Angeles, and a second in San Francisco, November 8. Besides the general routine business the important question of the meetings was that of the fee schedule for industrial accident cases. The committee of the Council which has been working for the past three months made its report at this time. The substance of that report was that a general revision of the fee schedule had been undertaken with a 25 per cent. raise in fees. The committee had also devised new blanks for the reporting of industrial accident cases which were very much simpler than those now in use and will reduce the office work of the physicians attending these cases. The effort of the committee at first had been to get a 50 per cent. raise in fees and to establish flat fees for definite types of cases; that is, to have a definite compensation for cases which run in usual types, such as well recognized fractures and dislocations, this fee to cover the entire course of treatment. This increase, however, seemed more than the carriers could possibly agree to.

The entire subject of the fee schedule, after action of the council, must be presented before the State Compensation Insurance Fund and the various carriers for their approval. At the present writing it seems as if an agreement will be obtained upon the essential points in the schedule.

Provision is also made in the schedule for the compensation of physicians who have cases taken out of their hands and sent to other men. It has been thought for a long time that this was a gross injustice to the man who originally took care of the case and rendered valuable aid. As the situation stands in the proposed schedule, the physician rendering the first assistance will be given adequate compensation for his services, while the man who gets the case subsequently will receive it less a certain proportion of the total compensation.

Another important question which was presented before the Council at this meeting was the resolutions from the various societies of anesthetists throughout the state. Some effort is being made to establish a ruling by which anesthetics shall be given only by regularly licensed physicians. The Council recognized the magnitude of this problem and has referred it to the House of Delegates at the next regular meeting of the Medical Society.

NOTICE TO MEMBERS

In many instances members returning from United States Government service failed to notify the Medical Society, State of California, 930 Butler Bldg., San Francisco, of their return to civil practice and their permanent address, and in consequence there were many complaints of failure to receive the Journal. When the State Society office is notified by the Postoffice Department that it is impossible to deliver the Journal because of the removal of an addressee whose whereabouts are unknown, we are obliged to take such a member's name off the mailing list until such time as we receive word from him as to his correct address. **PLEASE BEAR IN MIND THAT YOU SHOULD NOTIFY THE MEDICAL SOCIETY, STATE OF CALIFORNIA, 930 BUTLER BLDG., SAN FRANCISCO OFFICE WHENEVER YOU MAKE A MOVE** that the necessary change may be made on our mailing list. **THIS IS IMPORTANT** if you wish to receive the Journal.

REMEMBER, also, that if your name is to be included in the Roster of Members for the year 1920, published by the Medical Society, State of California, your payment should be made to your County Secretary and reported to this office by **March 1st**.

SAXTON POPE, Secretary,
Medical Society, State of California.